



Nacionalni inštitut  
za javno zdravje

# LONGEVITY STRATEGY IN SLOVENIA

## Country examples

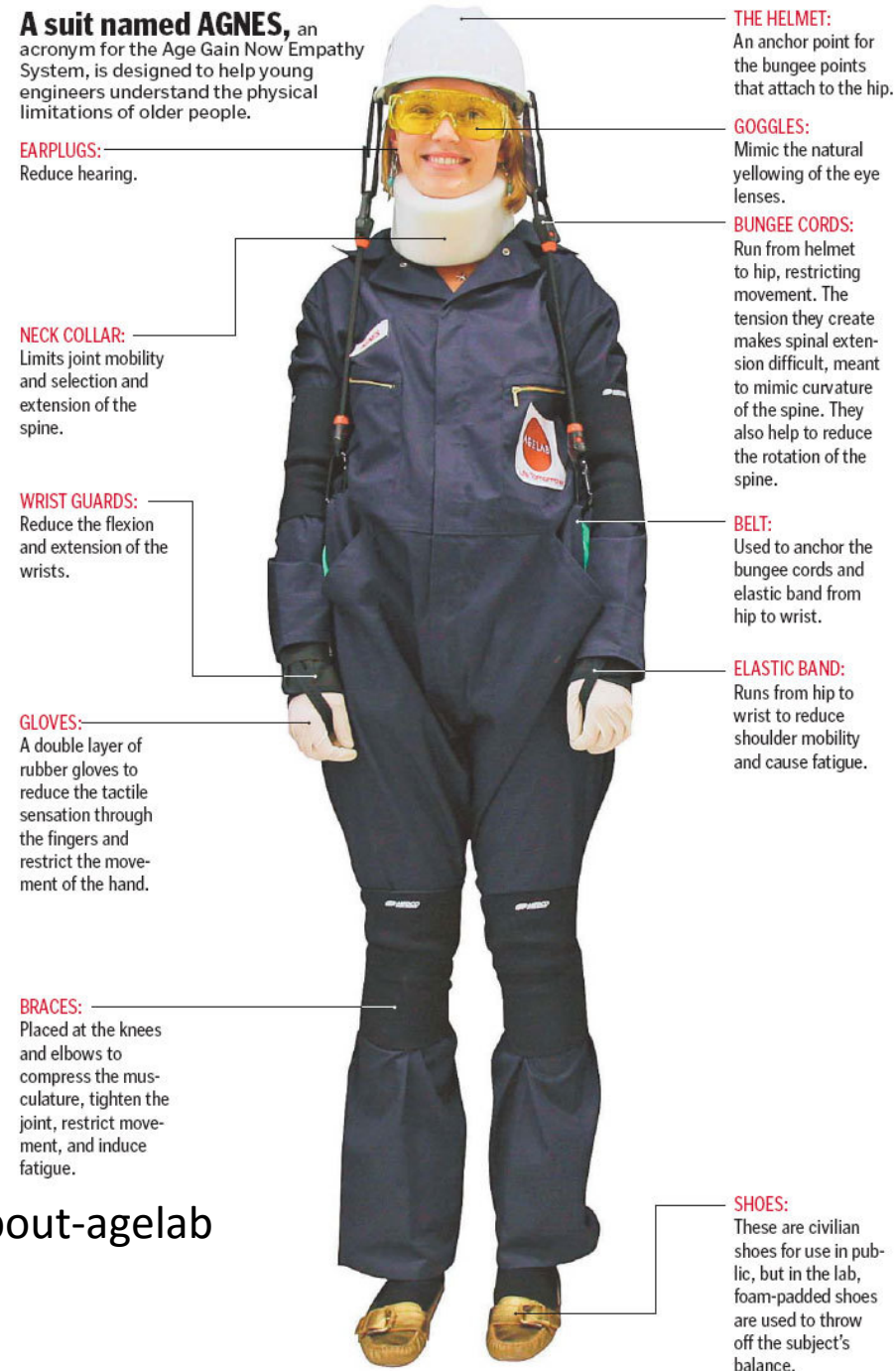
**Dr. Mojca Gabrijelčič Blenkuš,**  
National institute of public health

**TACKLING HEALTH INEQUALITIES IN A FAST CHANGING WORLD**  
**SOSTE and EUROHEALTHNET Seminar**  
**Helsinki, 31st May 2017**

Biological construction of reality

## CONCEPT OF SUCCESSFUL AGING

Vir: <http://agelab.mit.edu/about-agelab>





Vir: <http://agelab.mit.edu/about-agelab>

# Specific health problems in old age, adding to the construction of reality



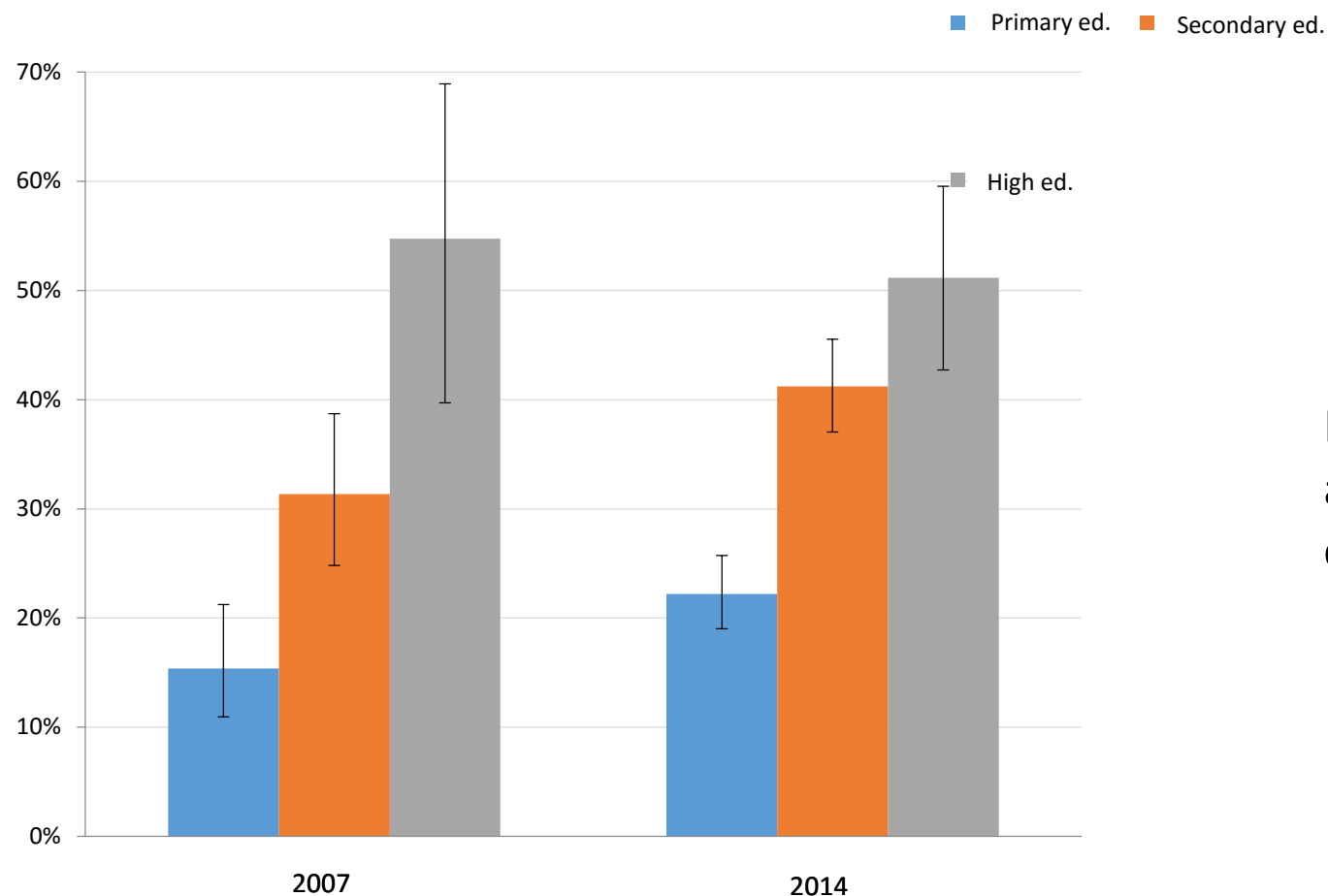
Urinary incontinence



Physical, mental and social frailty



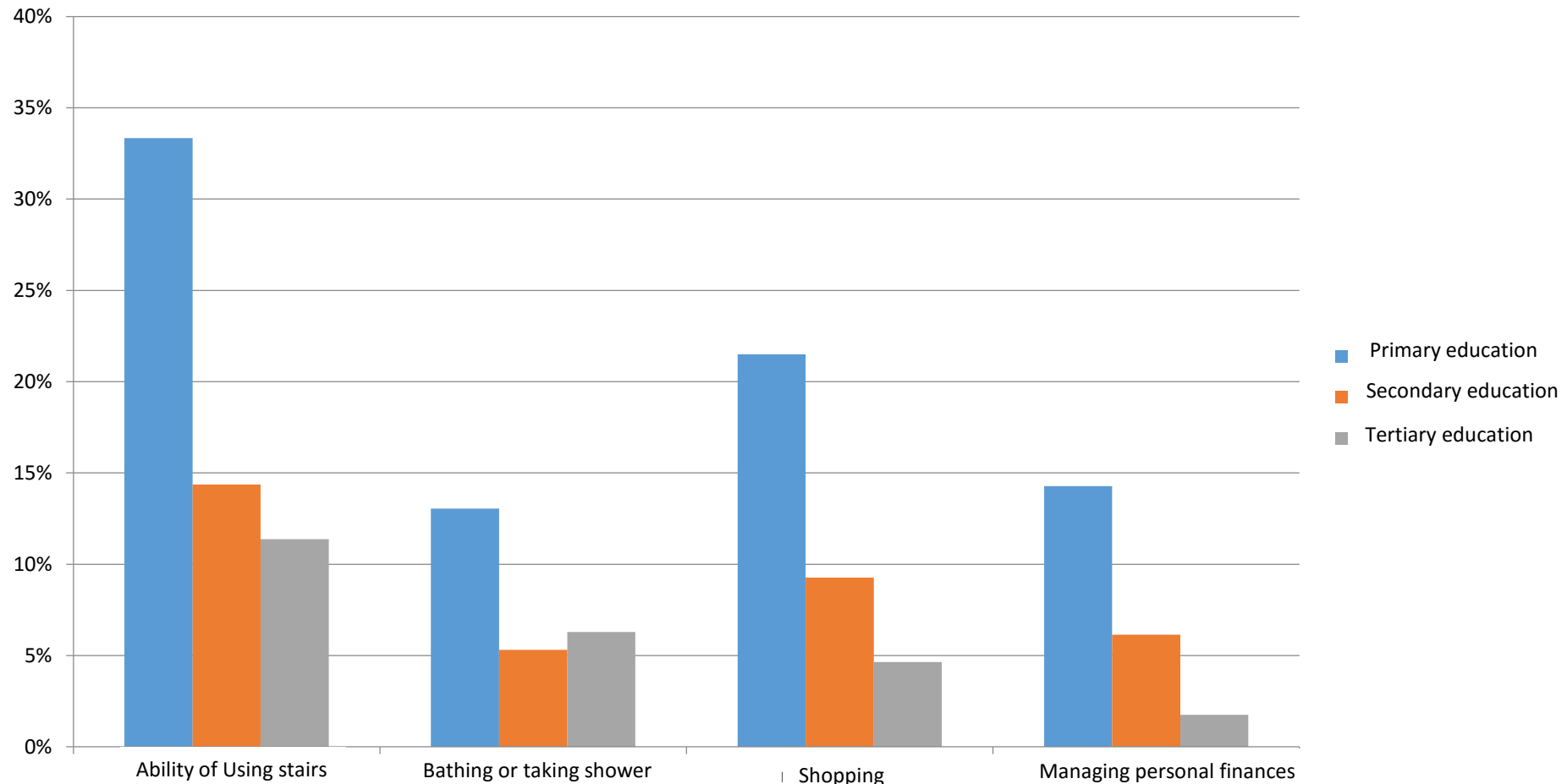
## Share of inhabitants, who self-assessed their health as “very good” and “good”, 65 years +, by education level



Source: EHIS Slovenia, 2007 and 2014, NIJZ.

Equity issues –  
another element in  
construction of reality

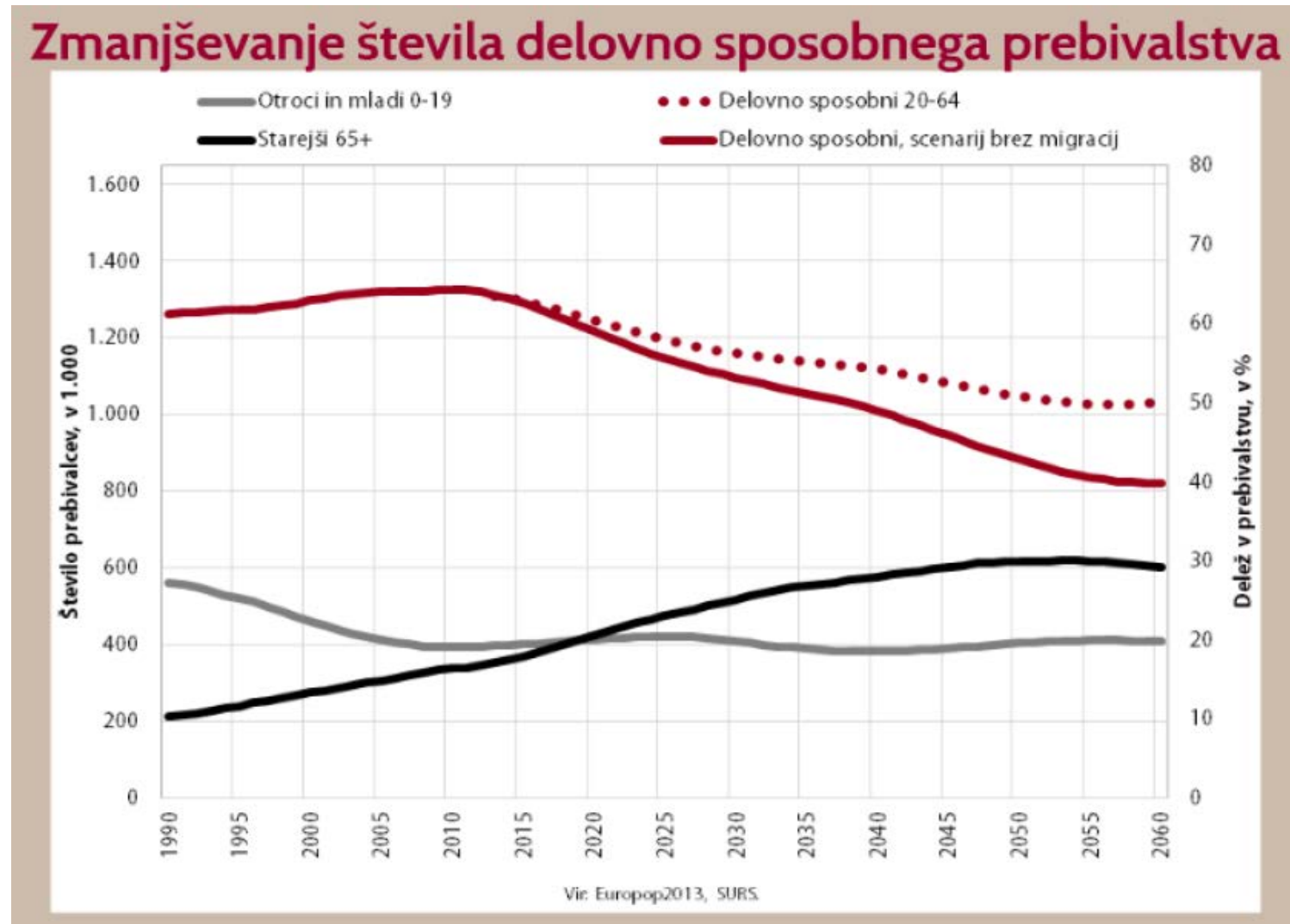
*Share of inhabitants who assessed the following daily activities as difficult: ability of using stairs, bathing or taking shower, shopping, managing personal finances, 65 years +, by education level*



*Source: EHIS Slovenia, 2007 and 2014, NIJZ.*

# Decreasing of active/working population in Slovenia in next decades

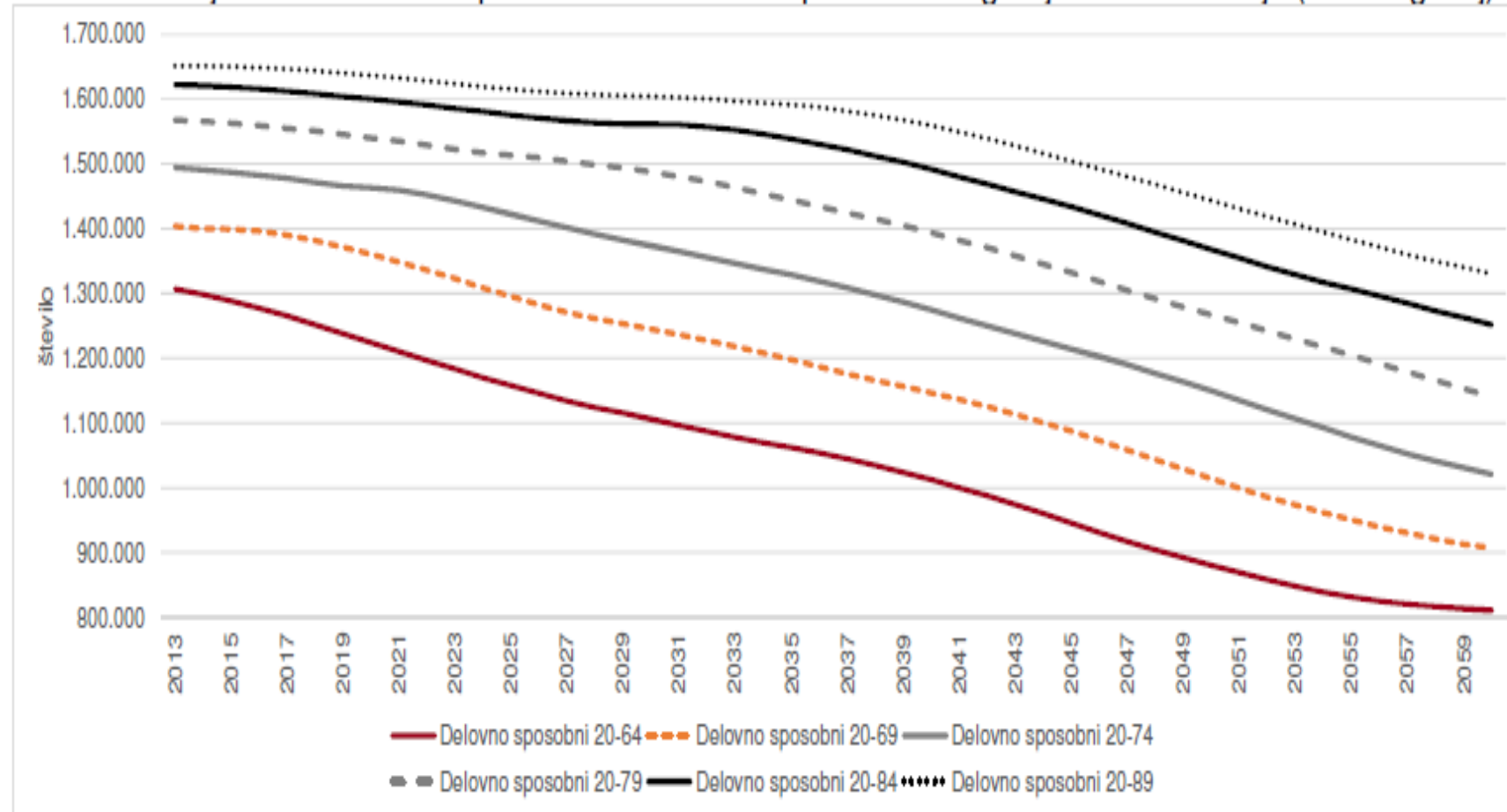
Demographic  
construction of reality



Source: Institute of Macroeconomic Analyses and  
Development Slovenia, September 2016

# Decreasing and aging of workforce in Slovenia

Slika 3: Gibanje števila delovno sposobnih ob različnih opredelitvah zgornje starostne meje (brez migracij)



Vir: SURS, Eurostat.

Source: Longevity society strategy for Slovenia,  
proposal in public consultation, May 2017



# Active and Health Aging in Slovenia, DG EMPL funded project

More results of AHA.SI 2014 - 2016 at: <http://www.staranje.si/aha-si/izdelki-projekta-project-outputs>



**Two state secretaries  
from the cabinet of  
the prime minister were  
involved in AHA.SI**

AHA.SI double role:

1. Preparation of background documents for the longevity strategy
2. MORE IMPORTANT:
  - Participatory engagement and networking of all relevant stakeholders and of citizens
  - understanding the need for change with regard to aging in Slovenia ("we have to feel the need")



report\_**ehnet\_slovenia\_study\_visit\_2016**.pdf

**EuroHealthNet role**

**European Semester and CSRs  
(including May 2017)**

# Strategy for longevity society in Slovenia,

public consultation in May – June 2017; **based on AHA.SI results, too**

**Four main directions/pillars** for the development of longevity strategy for Slovenia:

- employment and adaptations in labour market, together with lifelong learning and migration policies
- **independant, healthy and safe life for all generations** (social protection systems, health and **long term services**, health promotion and **decreasing inequalities in health**)
- **social inclusion** (cooperation among generations, volunteering, IT communications, ...)
- **creation of supportive environments** for the wholelife span (in economy, living conditions, infrastructure, ...)

Social policy, adopted in consensus and solidarity in intergeneration cooperation, will be the key for wellbeing of all generations.

Source: Longevity society strategy for Slovenia, proposal in public consultation, May 2017

# Strategy for longevity society in Slovenia,

public consultation in May – June 2017

## Vision:

In the changed demographic circumstances, society and systems provide **wellbeing and quality life to all citizens**. Intergenerational coexistence, **participation** of all generations in society and **awareness of the importance of quality ageing** are highlighted.

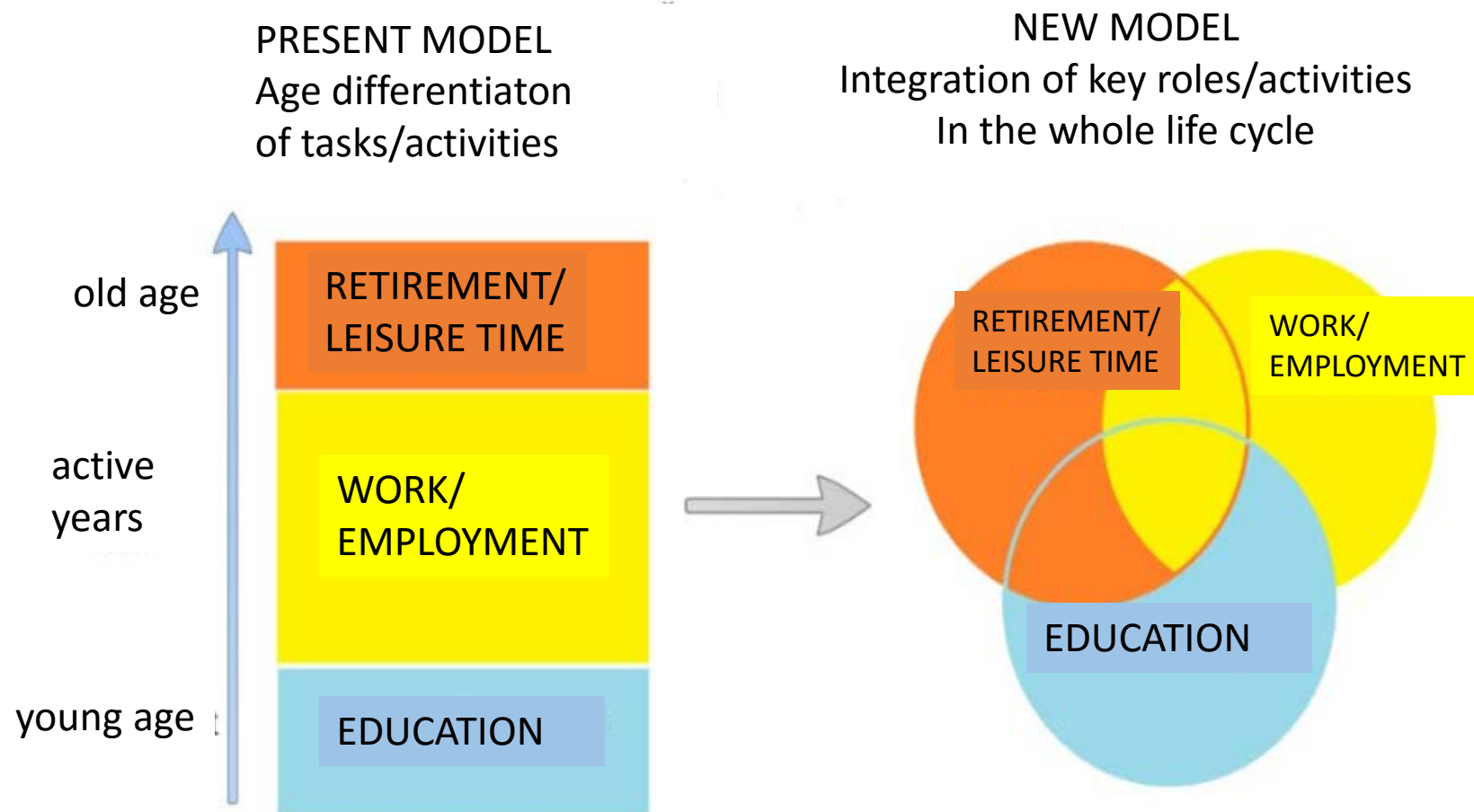
## Strategic goals:

- **Wellbeing** of all generations and **distant and safe aging** in home environment
- Involvement **of all generations** in economic, societal, social and cultural life, in line with their preferences and needs, in **intergenerational coexistence**
- **Maintenance and improvement of physical and mental health** of people of all age

Source: Longevity society strategy for Slovenia, proposal in public consultation, May 2017

# Strategy for longevity society in Slovenia,

public consultation in May – June 2017



»... necessity for development of a more flexible and fluid concept, highlighting lifelong learning and longer working activity, with more careers.«

Source: Longevity society strategy for Slovenia, proposal in public consultation, May 2017



# Public presentation of the strategic proposal

May 2017



“we all have to feel the need  
for change in attitude to ageing”

Health and wellbeing  
are in the heart of the  
longevity society  
strategic proposal –  
**health promoting strategy  
with strong social and  
HiAP elements**

Implementation action plan(s) foreseen

