

# Making Every School a Health Promoting School

**Health Promoting Schools (HPS)** integrate wellbeing into every aspect of school life: policies, practices, and culture. They help students, teachers and communities thrive by creating a supportive environment for living, learning, and working. Creating healthier school environments can be a cost-effective, evidence-based solution to interrelated challenges, such as teacher burnout, worsening student mental and physical health and social inequalities.

## *Invest in health, harvest success*

Investing in healthier schools to improve the quality of education generates high returns. For every **€1** spent on health promotion interventions, society gains up to **€14** back.



## Policies and initiatives supporting HPS approaches

### European Education Area

Supports high-quality education systems and integrates mobility into students' and teachers' learning

### Pathways to School Success Council Conclusions (2022)

Calls for Member States to address early school dropouts and underachievement, promoting wellbeing

### European Commission's Expert Group on Wellbeing at School

Guidance for schools and policymakers to implement whole-school approaches to wellbeing

### Healthier Together Initiative

Supports Member States to reduce non-communicable diseases through coordinated efforts

### European Commission's Comprehensive Approach to Mental Health

Outlines 20 flagship initiatives to improve mental wellbeing across the life course

### HealthyLifestyles4All Campaign

A two-year campaign by the European Commission on active lifestyles and better health for all ages

### EU Child Guarantee

Supports countries to promote social inclusion by ensuring children in need have access to essential services

### Updated WHO Regional Strategy on Child and Adolescent Health

*Coming soon*



It's time to go beyond individual lessons on health and integrate wellbeing into the very fabric of school life. Scan here for the full policy brief on ***Why Invest in Health Promoting Schools?***