

EU initiatives in support of mental health of Ukrainian refugees

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EuroHealthNet/SEEHN Roundtable

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EU Responses to the Ukraine war & funding support within EU programmes

- [Temporary Protection Directive](#) - reduce barriers to provide residency rights, access to the labour market, access to housing, social welfare assistance, **medical** or other assistance, and means of subsistence
- [Cohesion's Action for Refugees in Europe](#) (CARE) – allows states and regions to provide emergency support to Ukrainians fleeing the war, incl. medical care, psychosocial support and inclusion (via allocated ERDF/ESF+)
- [Recovery and Resilience Facility](#) (incl. REPowerEU), national Recovery and Resilience Plans, TSIs, and links with the European Semester and its annual Country-Specific Recommendations (in 2022: BG, SK, SL, PL, RO)
- [European Child Guarantee](#) and National Action Plans, extra budget secured by the EP



Supporting mental health of Ukrainian refugees

- EC DG NEAR mobilised 9 million euro from EU4Health Programme to assist people fleeing Ukraine in urgent need of mental health and trauma support services
 - E.g. investments to provide mental health services in the form of psychological first aid, triage, psychological trauma support and counselling to refugees in their own languages
- DG SANTE set up an exchange Network 'Supporting Ukraine, neighbouring EU Member States and Moldova' under the EU Health Policy Platform aimed to address the health needs of Ukrainian refugees and displaced persons
- Inter-DGs coordination of an EU-wide comprehensive approach to mental health in the EU



Supporting mental health of Ukrainian refugees



- **EU4Health Programme 2022** with 2 million euro [funds four 2-year projects](#) under the call on promoting mental health: implementing best practices to improve mental health and psychological wellbeing in migrant and refugee populations:
 - [MESUR – Mental Health Support for Ukrainian Refugees](#) - facilitate immediate mental health treatment for displaced persons with depression, PTSD, addressing the care gap in PL, DE, HU, BG, EL, EE; UE/RU language digital, evidence-based intervention tool; train health professionals
 - [PEACE of MIND](#) - innovative, scalable and evidence-based approach to strengthen the mental health and psychological wellbeing of refugees and displaced people
 - [U-RISE - Ukraine’s displaced people in the EU: Reach out, Implement, Scale-up and Evaluate interventions promoting mental wellbeing](#) – mental health, face-to-face interventions adapted to the specific and diverse needs of refugees in SK, PL, RO; scale up and transfer interventions across the EU; European network of UE/RU-speaking mental health professionals;
 - [Well-U - Promoting the mental health and psychosocial wellbeing of refugee children and their caregivers through lay professionals amidst the Ukraine's displacement crisis](#) - series of universal preventative MHPSS measures, trainings, practice and knowledge dissemination in EL, HU, IT, RO

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