

SHE rapid assessment tool

Your current situation:

1 = not in place; 2 = partly in place; 3 = fully in place

Your priority:

1 = low/no priority; 2 = medium priority; 3 = high priority

	Current			Priority		
	1	2	3	1	2	3
1. Orientation						
1.1 Our school has an overview of the current situation regarding pupils' health (including physical, mental and social health) and well-being.						
1.2 Our school has an overview of the current situation regarding teaching/non-teaching staffs' health (including physical, mental and social health) and well-being.						
1.3 Our school can estimate the current health behaviours (eating and physical activity, sexual activity, drinking, smoking, drugs and hygiene) of our pupils with regard to age, background and gender.						
1.4 Our school has undertaken an assessment of the needs and wishes of pupils, teaching and nonteaching staff concerning health and well-being (e.g. survey, wish boxes).						
1.5 It is known to the whole school community who is responsible for health topics in the school including mental health promotion.						
	Current			Priority		
	1	2	3	1	2	3
2. Healthy school policy						

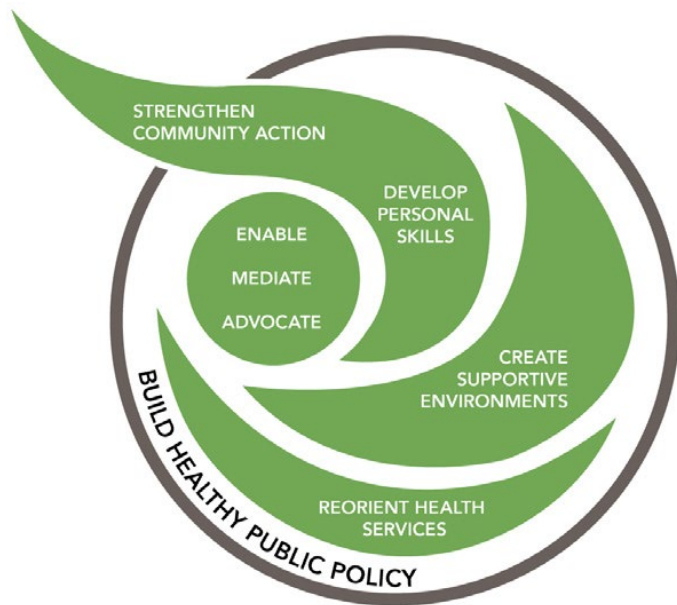
Figure 6.

Key phases for a whole-school approach to becoming and remaining a health promoting school



<https://www.schoolsforhealth.org/>

The whole-school approach to health promotion



- Healthy school policies.
- School physical environment.
- School social environment.
- Individual health skills and action competencies.
- Community links.
- Health services.