

Report launch

Social inequalities in health in the EU

26 September 2025

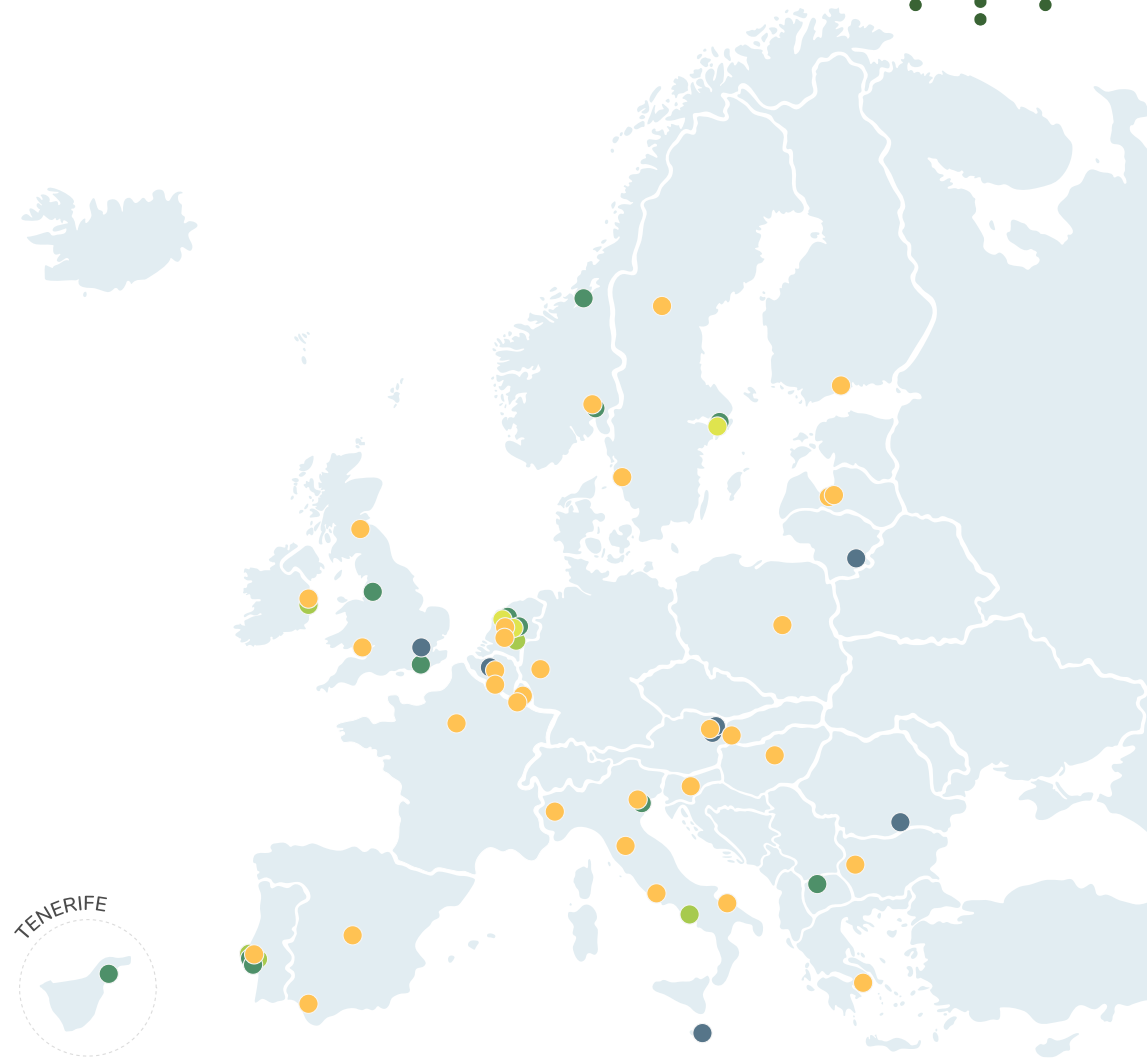
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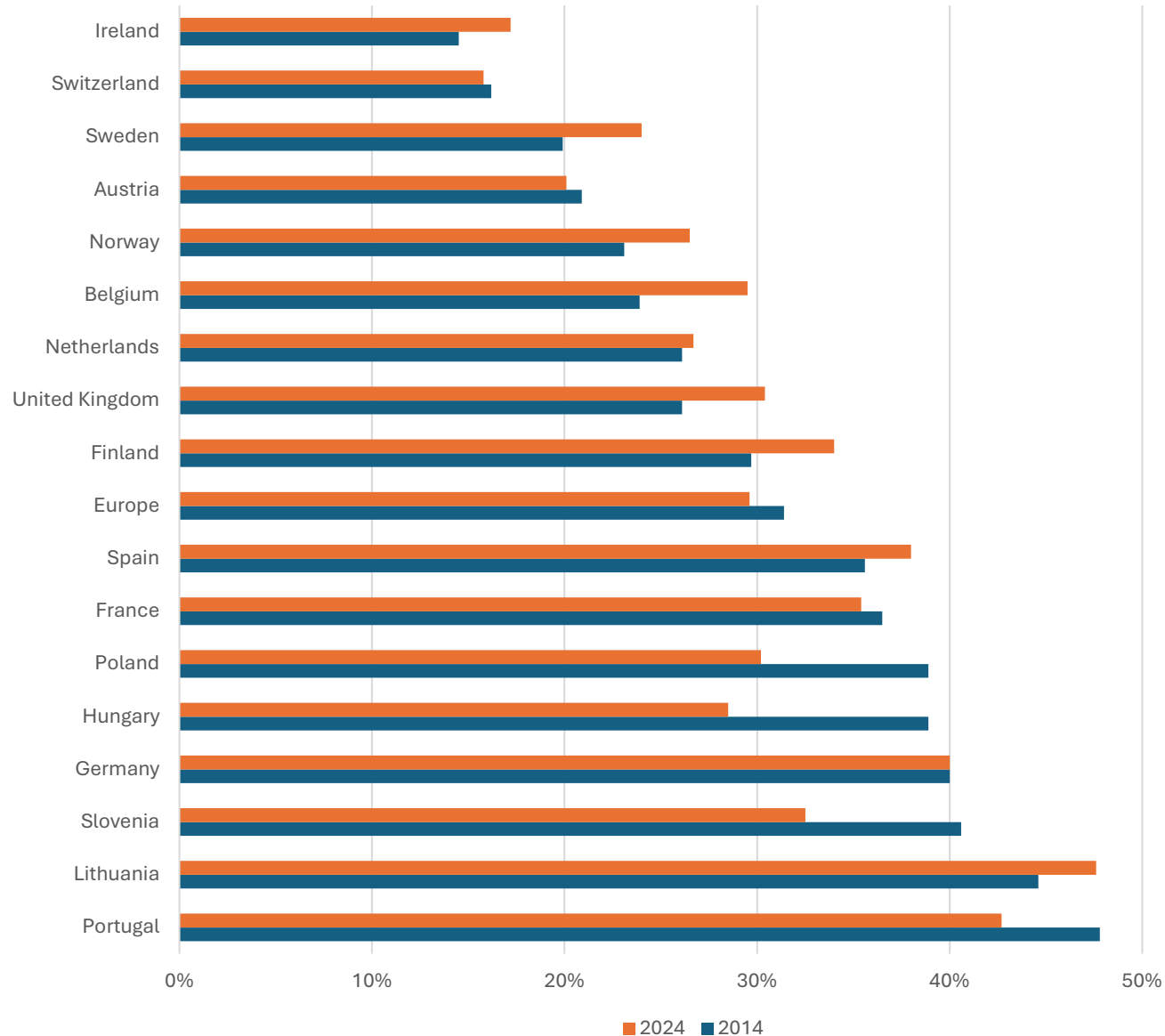
Social inequalities in health in the EU - Poland

Terje Andreas Eikemo
Professor
Leader of CHAIN

26 September 2025

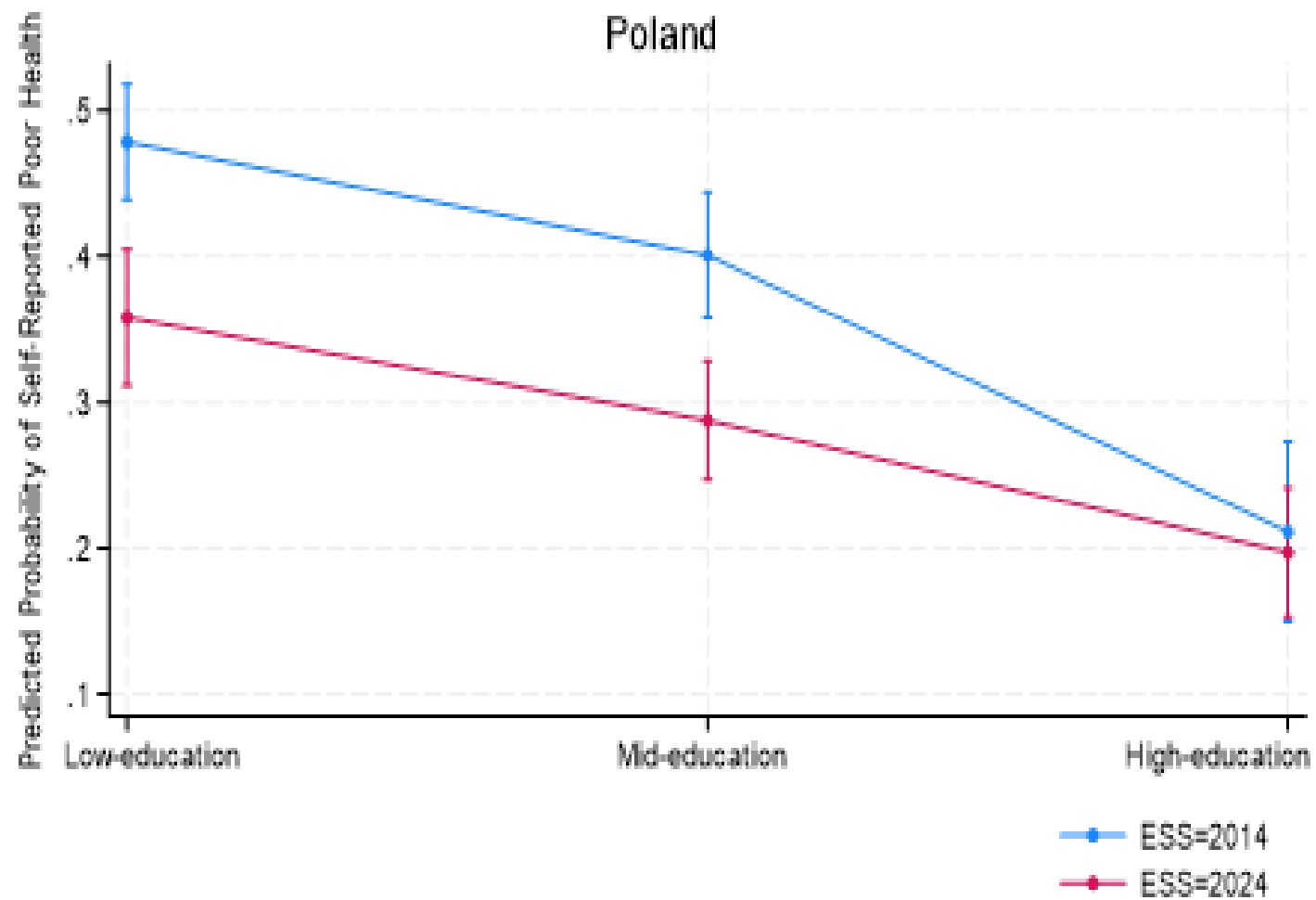


Rate of poor self-reported **health** 25-75-year-olds



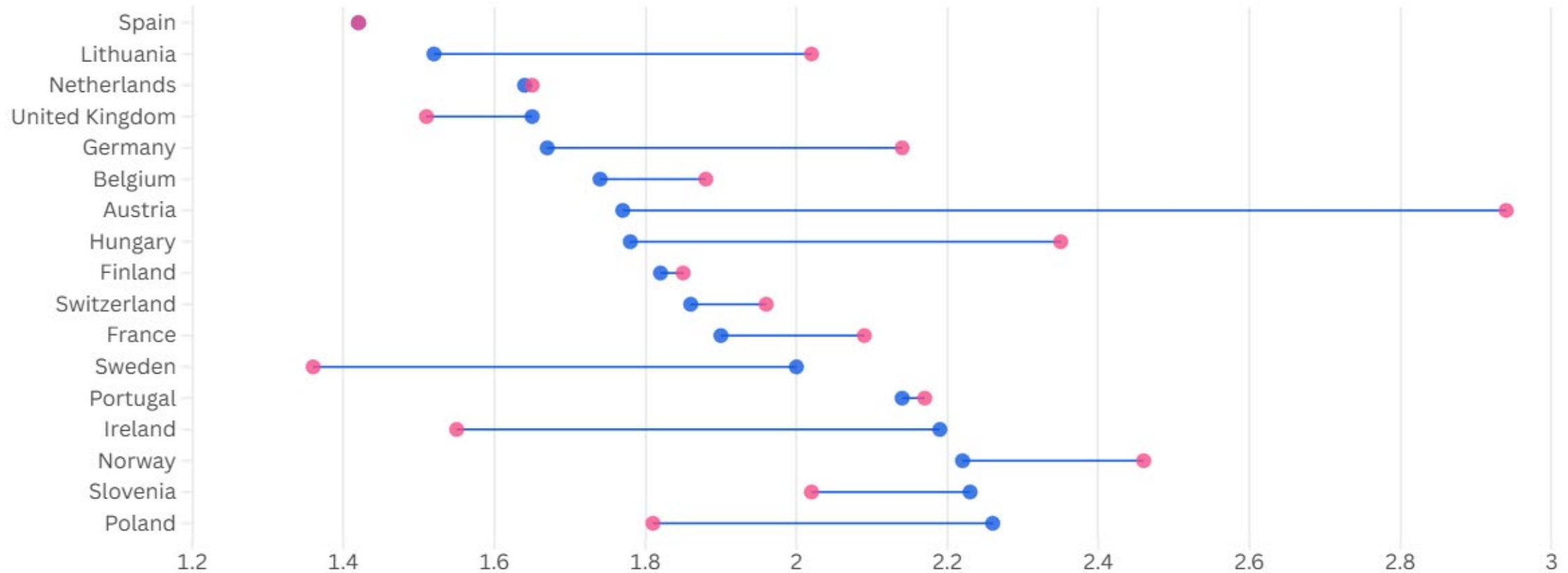
In 9/17 countries self-reported poor health increased

*Poland substantial decrease
2014: almost 40%
2024: 30%*



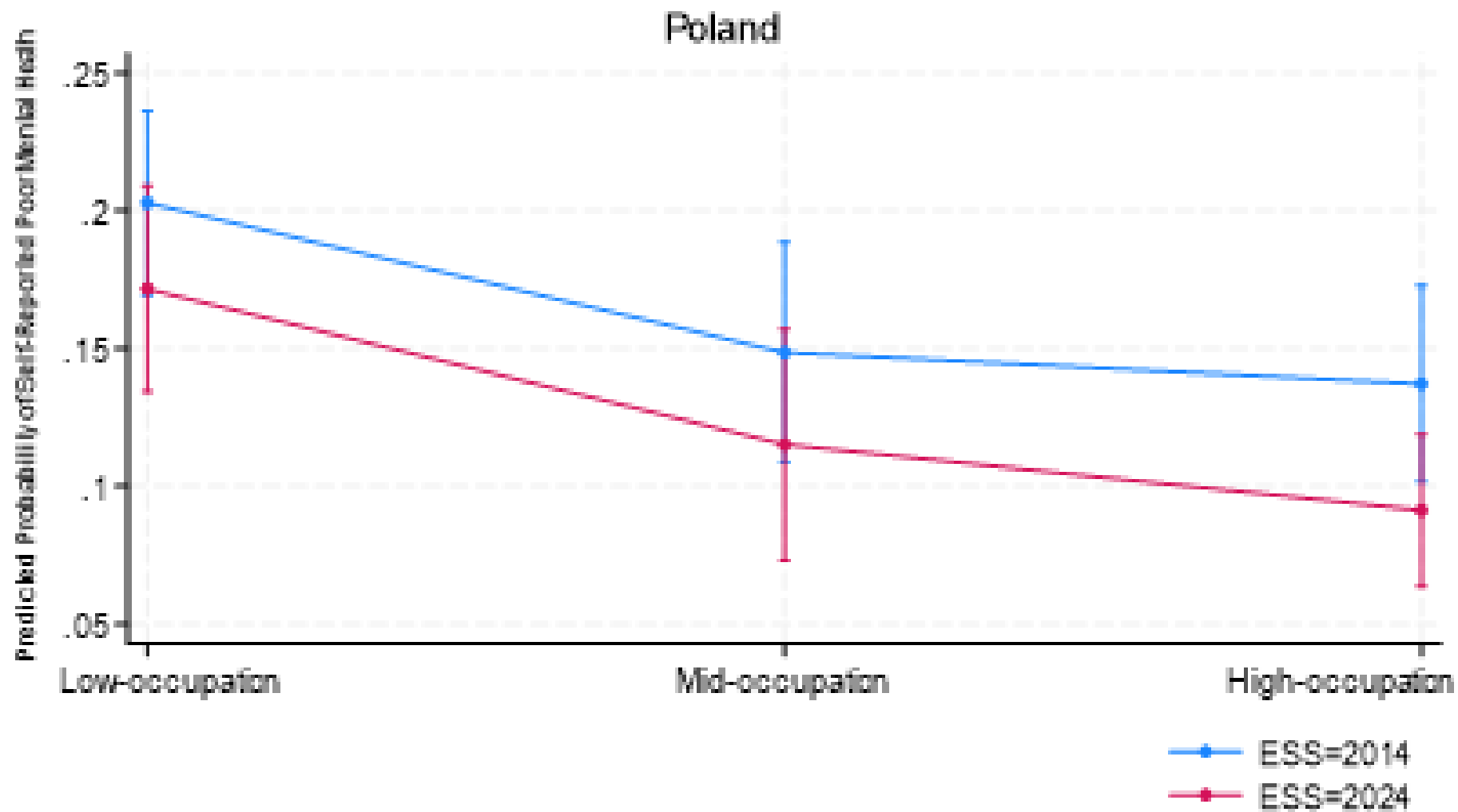
Changes in relative risk of inequalities in poor self-reported health, 25–75-year-olds, by education

Year ● 2014 ● 2024

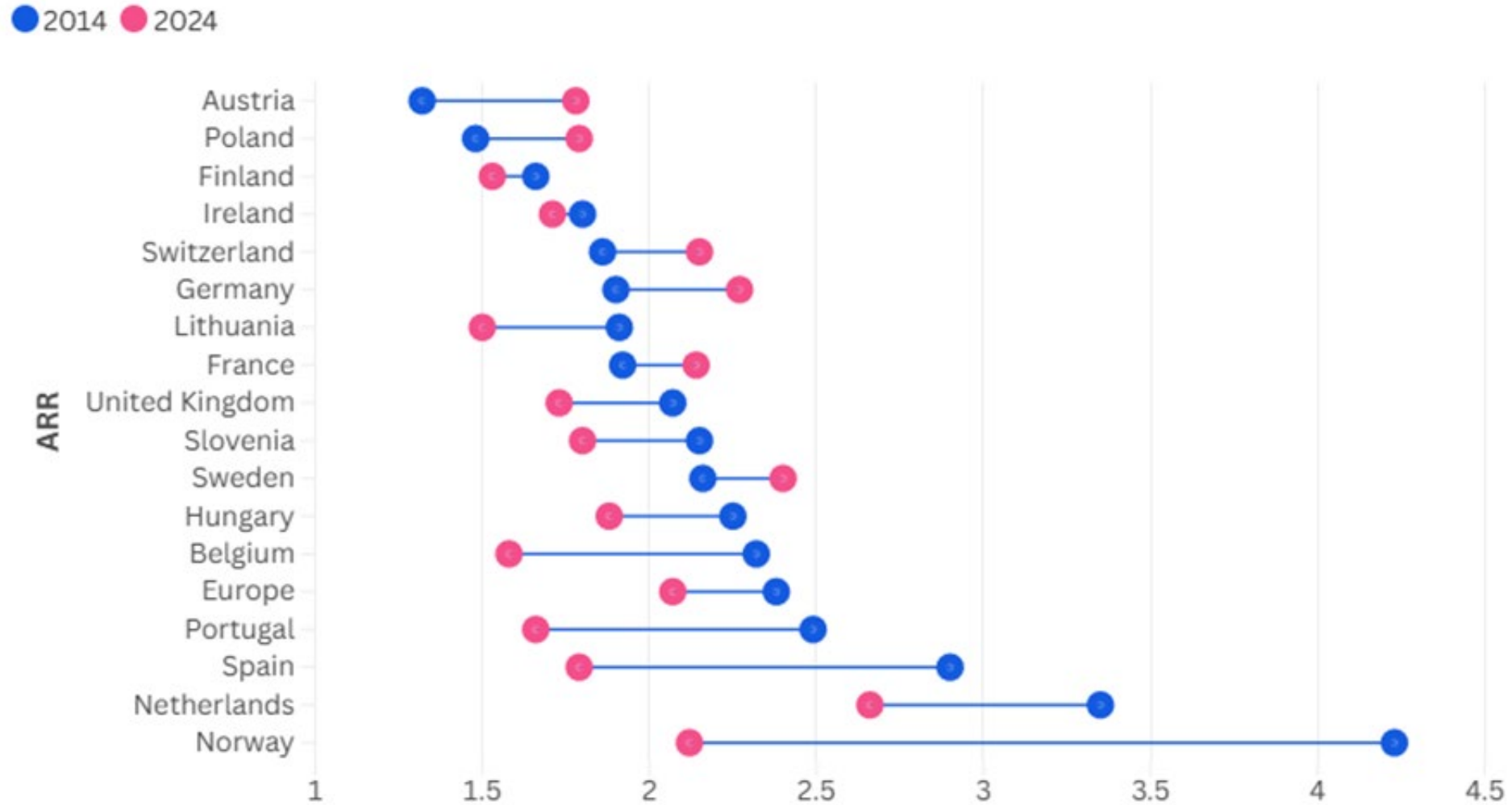


Rate of self-reported poor **mental health** 25-75-year-olds





Changes in relative risk of inequalities in poor self-reported mental health, 25–75-year-olds, by occupation



Key take-aways for Poland

Overall levels of self-reported poor health have declined substantially, but not among higher educated.

1

Poland now has average health levels in Europe, both for self-reported health and mental health.

2

Self-reported poor mental health slightly improved for everyone BUT even more for higher occupational group

3

Thank you!

Contact

Terje Andreas Eikemo, Professor of Sociology
Leader of CHAIN
Terje.Andreas.Eikemo@ntnu.no



EuroHealthNet is supported by the European Commission, through the EU Programme for Employment and Social innovation (EaSI 2014-2020)